Easy Read

Diabetes clinic

An Easy Read letter about your outpatient appointment at the Diabetes clinic

October 2026 • About 5 minutes to read

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About Easy Read



This is an Easy Read document. Easy Read uses simple words and pictures to help you understand.



Some hard words are in bold. We say what they mean.



You may still want help to read this document.



This document may not have all the information. We will tell you the most important parts.

About your appointment

Appointment details



Your appointment is on Tuesday 9 February 2027 at 10:30am.



The clinic is in the **Outpatients Department** on the second floor.



The **Outpatients Department** is where patients go for appointments without staying overnight.



Lifts are available beside the main entrance.



Please arrive 15 minutes early to register at reception.



The appointment will last about 45 minutes.

What will happen at the appointment



A nurse will measure:

- your height
- your weight
- your blood pressure



The nurse may ask you to give a small blood sample.



You will see a diabetes specialist to discuss your results.

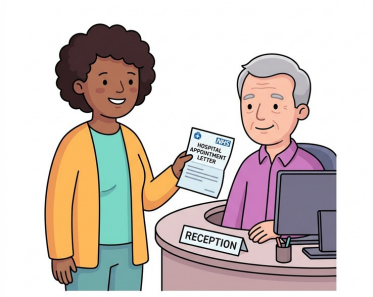


You can bring one of these:

- a family member
- a friend
- a carer

What to bring and do

What to bring



Bring this letter, photo identification, and a list of your medicines.



Include medicines you buy without a **prescription**.

A **prescription** is a doctor's written order for medicine you need.



If you test your blood sugar at home, bring your meter or diary.

Changing or cancelling the appointment



Call 0808 157 0192 as soon as possible if you cannot go to the appointment.



You can also email **outpatients@riverside-hospital.example** to change or cancel.



The booking team is available Monday to Friday, 8am to 6pm.



Cancelling early allows us to offer the appointment to another patient.



If you miss 2 appointments without telling us, you may be referred back to your GP.



We look forward to seeing you.

Getting support and contact details

Support for patients



We can provide interpreters, British Sign Language support, or other formats.



Tell us at least 5 working days before your appointment if you need this.

Contacts

Contact us



Call 0808 157 0192



Email **outpatients@riverside-hospital.example**



Open Monday to Friday, 8am to 6pm

This Easy Read document was created using principles inspired by UKAAF Easy Read guidance and the Easy Read Standards Working Group.
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Hard Words

Outpatients Department	The Outpatients Department is where patients go for appointments without staying overnight.
Prescription	A prescription is a doctor's written order for medicine you need.